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Enchanted Journeys: The Roof Of the World – Kham and Amdo, Tibet

From the monastery perched high up on the hill, the sound of monks chanting their morning puja of blessings to all sentient beings drifts down the valley. Ama prepares the pot of yak butter tea and the smell of pine and juniper burning on the campfire fills the tent.

Outside the sun is rising; the roof of the world is basked in intense sunlight, the colours of the valley vivid and sharp. In the distance smoke rises from a small cluster of tents. Men saddle up the yaks, rosy-cheeked children are playing, wrapped up in their floor length chubas, and the sound of laughter fills the air. The day has begun...



Tashi Delek! We invite you leave the modern world behind and join us in one of the most beguiling and exotic destinations on earth, one of the few places in the world still yet to be explored.

Throughout each day and into the night we will introduce you to the customs, religion, traditions, taboos, stories and superstitions of this ancient kingdom.

We will guide you to discover hidden jewels far off the beaten track, to take a glimpse into an ancient world untouched by time. Travel through vast mountain ranges, past rolling grasslands, sacred lakes and heavily forested valleys, over high mountain passes laden with prayer flags.

Meet the beautiful people who have inhabited this magnificent landmass for thousands of years. Be touched by their profound peace and wisdom and experience the simple joy of their day-to-day lives. Encounter their deep spirituality and serenity, the essence of which will stay with you long after you return home.



Highlights of this great adventure:

- Visit a Tibetan monastery. Sit with the monks and listen to the magical, seldom-heard accounts of the ancient Buddhist practices. Experience both their exuberant energy and their sacred serenity rituals. Witness the creation of sand mandalas and the rarely seen black hat dancing.
- Travel with a nomad caravan, by yak and donkey, passing glorious stupas and piles of healing Himalayan mani stones.
- Stay in the home of a Tibetan family and experience daily life with them. Herd yaks, collect medicinal plants and prepare mountain tsempha for breakfast. Join the men, women and children as they perform their evening traditional Tibetan circle dancing to lively folk music.
- Learn how Tibetan prayer wheels were used in the real spy adventures of The Great Game.
- Throw wind horses and tie your own prayer flag to hundreds of others fluttering on the high mountain passes.
- Meet Khampas, the warrior race of Tibetans, formally the bodyguards of HH The Dalai Lama.



Our Commitment

This will be a memorable experience to be relished long after the journey has ended.

Your trip will be completely unique. With no fixed timetable, there is flexibility throughout the journey, ensuring we can grasp opportunities as they arise.

No two journeys are ever the same ensuring communities encounter minimal visitors hence protecting and honouring their traditional way of life.

Accommodation will be varied: Tibetan homestays, monasteries, yak hair tents and hotels. Travel by jeep, foot, yak and donkey.

This enchanted journey is never advertised and is by invitation only. The route is never publicised. You can choose an exclusive trip for just two people or travel with fellow explorers in a maximum group of 4 people.

Your hosts, Linda and Gail, mother and daughter, are both intrepid explorers with a unique insight into and passion for this incredible region.

Full information and guidance will be given on all practical matters. Our Tibetan guide, Tsering, will accompany us throughout.

The Roof of the World awaits you...